

# 7 Critical Mistakes Online Daters Make! And How To Avoid Them



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“Because We Want You To Succeed”

# Mistake #1: Forgetting to Know Thy Self

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The biggest mistake an online dater can do, is go on a dating app & start swiping away, without even considering . . .  
WHO THE HELL AM I?

A lot of online daters go straight to “I want a relationship!” Truth be told, even that’s a bit of a stretch. A more common scenario is *“I don’t know what I want, I’ll just see what happens”*

This usually results in the dater receiving a lucky dip of a match, who is far from compatible. The hard truth is, you are *NOT* going to attract a desired healthy relationship if you don’t even know who you are!


People who *Know Thy Self* are more likely to have satisfied relationships. This, by chance, gives the user more control over their online dating experience.

If you’re curious and would like to discover who you could possibly be and need a place to start, why not try this personality test. A scientifically proven method in a quiz. The key to getting to know yourself.

Click Here  [TAKE THE QUIZ](#)

GW Lewandowski Jr did a research paper that proves this.  
**‘higher self-concept clarity was associated with higher relationship satisfaction and commitment’**

Click Here  [Self and Identity](#)

Discover Thy Self First  
You Might Be Surprised, What You Uncover 

## Mistake #2: Not Understanding Self-Esteem Does Matter

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This may be hard to hear for some, but unfortunately Self Esteem DOES Matter. For your own mental health as well as building healthy relationships.

The current dating apps aren't designed to bring out the best in people. If anything, it enhances one's current state. Great if your current state is high self-esteem. Not so great if it's the opposite.

And if you don't think current dating apps do that, look at this research paper and decide for yourself.

Click Here  [Tinder use and well being](#)

If you're reading this and you know you have low self-esteem, maybe it's a good idea to **increase your self-esteem first?**

The sad thing is, even if you do continue swiping knowing you have low self-esteem, the likelihood of you attracting a healthy relationship is going to be significantly low.

So, how would you rate yourself? If you are unsure and would like to know, try out Morris Rosenberg social science research. The man who created the largest used self-esteem measurements. Rosenberg Self-Esteem Scale (RSES).

Click Here  [Let's Get Started](#)

If you like a bit of a read. Here are some scientifically proven researched-backed articles. **Self-Esteem Makes Successful Relationship**

Click Here  [PsychCentral](#)

*Build Your Self-Esteem &  
Attract Your People* 

## Mistake #3: A Match Isn't Necessarily A Catch!

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Mismatch on a dating app is a common occurrence. Accountability is a factor here. Dating apps aren't always to blame. Another probability for mismatches is the ***user NOT knowing who they are.***

Once you know thy self, you can go out there and be more deliberate in the choices you make. Matching with people whom are more compatible for YOU!

Doing these actions creates accountability and responsibility for how your life will turn out. Which is a great thing!

Being selective is important to the heart and the soul. If you know you do not like smokers, and that is a hard **“NO”** for you, for heaven's sake, **DON'T** swipe yes.

No's, are the key to empowering the decisions and choices you make. The direction you want to be able to move towards your goal. In this case, **“Healthy Relationships”**.

If you are struggling with the word 'No', reword it, while still clearly stating your intentions. “Sorry, that's not suitable for me”, or “Thank you, but no thank you”. It's up to you to find what works for you. It's a case of trial and error.

As the Thomas Alva Edison Quote says ***“I didn't fail 1,000 times. The light bulb was an invention with 1,000 steps.”***

This could also be said for healthy relationships. Don't see the “No's” as failed attempts. See them as the steps to get you closer to your healthy relationship.

It's Ok To Say 'No'  
Your Body & Soul Will Love You For It 

## Mistake #4: Not Knowing Your Relationship Type

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Do you find yourself *NOT* sexually attracted to any gender?  
Do you find yourself being attracted to a person's *intelligence*?  
Do you find yourself loving *multiple* people at the same time?  
Do you find yourself loving *people for people* regardless of their gender?

It's these types of questions that help define who and what you are sexually attracted to. No use going into a relationship if you desire more than one person to find out the other person desires one-on-one.

No use going into a relationship if you have a high sexual desire, to find out the other person has minimal sexual desires.

Knowing the answer to these questions could help avoid some painful heartache.

Mind, Body, Green (MBG) Relationships explains it best. A clear definition of the big list of sexualities in 2023.

### List Of Some Sexualities:

- Allosexual
- Bi-Curios
- Closeted
- Demisexual
- And More...

Check out a full description and see which sexuality you think you could possibly be. Remember you could be multiple or you could be none. Destiny is in your hand

[Click Here](#)  Sexualities in 2023

Explore Your Relationship Type  
Honouring Who You Are 

## Mistake #5: Not Knowing Your Dating Lifestyle

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Where are you at in your life?

What dating phase are you in?

How much time do you have for yourself?

How much time do you have for another?

What would your number one overall intention be?

Knowing the answers to these questions is a vital part of dating. It will also minimise heartache and your precious time!

Setting your intentions and verbalising your desires will get you a long way. In whatever current stage in life you are in.

MBG Relationships gives us that clarity, a clear definition of what type of romantic relationships we have in this modern world we live in.

### 6 Different Types Of Romantic Relationships:

- Dating
- Committed Relationship
- Casual Relationship
- Casual Sex
- Situationship
- Ethical Non-Monogamy

Check out a full description and see which relationship type you are in your stage of life right now.

[Click Here](#) 📌 **6 Basic Types**

Dating Lifestyle Clarity  
Enhancing Your Dating Experience ❤️

## Mistake #6: Not Understanding Small Talk Is No Talk

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Humans love intimate connections and small talk is by far the best way to extinguish that. Though it's hard to create intimacy with online dating, there are ways we can get around this.

First of all, making sure you have done the process of elimination. Know Who I Am + Know Who They Are On The Information Given = *Best Possible Healthy Relationship Compatibility*

Now, this next step may sound counter intuitive. What you want to do is *NOT* try to *please* the other person by talking about subjects you think they may like. Quite the opposite.

The next step is to make sure you pick topics that are broad and well known. Subjects YOU find intriguing and YOU are passionate about.

This is important. It will increase the span of communication to reach more people, increasing your chances of an intimate connection.

Go through the subjects you are most passionate about, until you find the topic you both love.

You will find by doing this process, your conversations will become more natural. Because it's a subject YOU, already know and enjoy.

This increases likeability, builds natural endorphins and creates that spark of intimacy. Your date will want to chat to you *even* more! Try it.

Talk About Subjects YOU Are Passionate  
Creates Magic 

## Mistake #7: Your Moving To Fast, Slow Down, What's The Rush?

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Take your time and enjoy the process. Block out some time to focus on the people in your list.

Instead of swiping for plenty, actually come up with a game plan that is suitable for you.

Be present and focus on the individual you are currently talking to, instead of moving on to too many.

It's about finding the dater that is most compatible and working with that. Not the online dater who gives you the most attention. *Any Attention Isn't Necessarily The Right Attention!*

Your overall intention has to “**out-way**” the mundane repetitiveness of the filtering system, and your energy that it takes to find a healthy relationship.

If you're not enjoying the process, you shouldn't be doing it. If you detest being on a dating app, then every part of your being is going to show through your communication.

You'll be wasting your time. Even worse, attracting the wrong type of relationship for yourself.

Pause, take a break, or find other alternatives instead of online dating.

Learn To Enjoy The Journey  
Not The Process 



# The No#1 Healthy Relationship Dating App

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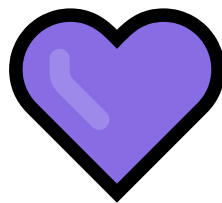
Remember please be kind to yourself & love yourself. ***You are worth it!***

Our Philosophy Love, Honesty, Respect & Open Communication. Helping People Find Their People.

The *Only* Health Relationship Dating App.

“Because We Want You To Succeed”

Veracity People  
For Loving Relationships



Coming Soon!